

2017 Intensive Camp Schedule (Commuter campers)

	Sunday, 6/25	Monday, 6/26	Tuesday, 6/27	Wednesday, 6/28
6:15		Arrive at dorm	Arrive at dorm	Arrive at dorm
6:30		Conditioning	Conditioning	Conditioning
7:30		Breakfast	Breakfast	Breakfast
8:30		Walk to Session III	Walk to Session VI	Walk to Session IX
9:00-11:00		Practice	Practice	Practice
11:00-1:30	Check In: 1:00pm at dorm: Rinconada	Walk back to dorms, shower, Lunch, free time	Walk back to dorms, shower, Lunch, free time	Walk back to dorms, shower, Lunch, free time
1:30	Walk to Session I	Walk to Session IV	Walk to Session VII	Walk to Session X
2:00-4:00	Practice	Practice	Practice	Practice
4:00-6:00	Walk back to dorms, shower, Dinner, free time	Walk back to dorms, shower, Dinner, free time.	Walk back to dorms, shower, Dinner, free time.	Check Out: 4:00pm (Ford Center)
6:00	Walk to Session II	Walk to Session V	Walk to Session VIII	
6:30-8:30	Practice	Practice	Practice	
8:30	Pick Up (Ford Center)	Pick Up (Ford Center)	Pick Up (Ford Center)	